

“THANKFUL IN THE STORM”

“Gratitude Changes Everything” - Part 2

November 9, 2025

Mark 4:40 “Why are you afraid? Do you still have no faith?” (NLT)

Psalm 107:28-31 28 Lord, help!” they cried in their trouble, and he saved them from their distress.

29 He calmed the storm to a whisper and stilled the waves.

30 What a blessing was that stillness as he brought them safely into harbor! (NLT)

4 Actions for the Storms In Your Life

1. Stop pretending it’s sunny and face the storm!

John 16:33 Jesus said, “Here on earth you will have many trials and sorrows. But take heart, because I have overcome the world.” (NLT)

Psalm 34:18–19 18 The Lord is close to the brokenhearted; He rescues those whose spirits are crushed.

19 The righteous person faces many troubles, but the Lord comes to the rescue each time. (NLT)

2. Thank God in the midst of the Chaos.

1 Thessalonians 5:16–18 16 Always be joyful.

17 Never stop praying. 1

8 Be thankful in all circumstances, for this is God’s will for you who belong to Christ Jesus. (NLT)

Philippians 4:6–7 6 Don’t worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done.

7 Then you will experience God’s peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus. (NLT)

3. Find the treasure buried under the trouble.

Romans 8:28 And we know that in all things God works for the good of those who love him (NLT)

James 1:2–4 2 Dear brothers and sisters, when troubles of any kind come your way, consider it an opportunity for great joy.

3 For you know that when your faith is tested, your endurance has a chance to grow.

4 So let it grow, for when your endurance is fully developed, you will be perfect and complete, needing nothing. (NLT)

4. Let your gratitude light up the dark.

Matthew 5:14–16 14 “You are the light of the world—like a city on a hilltop that cannot be hidden.

15 No one lights a lamp and then puts it under a basket. Instead, a lamp is placed on a stand, where it gives light to everyone in the house.

16 In the same way, let your good deeds shine out for all to see, so that everyone will praise your heavenly Father.” (NLT)

Philippians 2:14–15 14 Do everything without complaining and arguing,

15 so that no one can criticize you. Live clean, innocent lives as children of God, shining like bright lights in a world full of crooked and perverse people. (NLT)