

“DOES PRAYER ACTUALLY CHANGE ANYTHING?”

The Life You've Been Looking For - Part 5

March 8, 2026

4 Questions to Help Us Understand What Prayer Actually Does

1. Does prayer change God – or does prayer change us?

Philippians 4:6-7 ⁶ Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done.

⁷ Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus. (NLT)

2. Does prayer ever change our circumstances?

James 5:16-18 ¹⁶ The earnest prayer of a righteous person has great power and produces wonderful results.

¹⁷ Elijah was as human as we are, and yet when he prayed earnestly that no rain would fall, none fell for three and a half years!

¹⁸ Then, when he prayed again, the sky sent down rain and the earth began to yield its crops. (NLT)

3. Why does God invite us to pray - if He already knows everything?

Hebrews 4:16 So let us come boldly to the throne of our gracious God. There we will receive his mercy, and we will find grace to help us when we need it most.

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4. If prayer brings us closer to God - how do we make it part of our daily lives?

1 Thessalonians 5:17 Never stop praying. (NLT)

John 15:5 I am the vine; you are the branches. Those who remain in me, and I in them, will produce much fruit. For apart from me you can do nothing. (NLT)

John 3:16 This is how God loved the world: He gave his one and only Son, so that everyone who believes in him will not perish but have eternal life. (NLT)

Ephesians 2:8-9 8 God saved you by his grace when you believed. And you can't take credit for this; it is a gift from God. 9 Salvation is not a reward for the good things we have done, so none of us can boast about it. (NLT)

Don't miss next week's message:

“The Joy of Letting Go”