



8/17/2026

CONTENTMENT

Beyond Belief: Growing Beyond Sunday Philippians 4

Biblical Contentment: An inward state of peace and sufficiency that does not depend on outward _____ - learning to rest in Christ regardless of your _____.

Three Movements in Philippians 4

1. Contentment changes where we _____. (Philippians 4:2-8)
2. Contentment must be _____. (Philippians 4:9-12)
3. Contentment depends on Christ's _____. (Philippians 4:13)

THE SECRET: It wasn't poverty. It wasn't prosperity. It wasn't lowering expectations. It wasn't positive thinking. The secret was _____.

When Paul had much, Christ was enough. When Paul had little, Christ was enough. When Paul was free, Christ was enough. When Paul sat in prison, Christ was enough.

Biblical contentment is not believing that everything in my life is good, but believing that in every circumstance, _____.

For Reflection

- Where am I looking for contentment outside of Christ?
- What circumstance might God be using to teach me contentment right now?
- What can I thank God for today?



Beyond Belief: Growing Beyond Sunday

Philippians 4

¹ So then, my dearly loved and longed for brothers and sisters, my joy and crown, in this manner stand firm in the Lord, dear friends.

² I urge Euodia and I urge Syntyche to agree in the Lord. ³ Yes, I also ask you, true partner, to help these women who have contended for the gospel at my side, along with Clement and the rest of my coworkers whose names are in the book of life. ⁴ Rejoice in the Lord always. I will say it again: Rejoice! ⁵ Let your graciousness be known to everyone. The Lord is near. ⁶ Don't worry about anything, but in everything, through prayer and petition with thanksgiving, present your requests to God. ⁷ And the peace of God, which surpasses all understanding, will guard your hearts and minds in Christ Jesus.

⁸ Finally brothers and sisters, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable—if there is any moral excellence and if there is anything praiseworthy—dwell on these things. ⁹ Do what you have learned and received and heard from me, and seen in me, and the God of peace will be with you.

¹⁰ I rejoiced in the Lord greatly because once again you renewed your care for me. You were, in fact, concerned about me but lacked the opportunity to show it. ¹¹ I don't say this out of need, for I have learned to be content in whatever circumstances I find myself.

¹² I know how to make do with little, and I know how to make do with a lot. In any and all circumstances I have learned the secret of being content—whether well fed or hungry, whether in abundance or in need. ¹³ I am able to do all things through him who strengthens me. ¹⁴ Still, you did well by partnering with me in my hardship.