



8/23/2026

“WHEN YOU DON’T FEEL LIKE FOLLOWING”

“Beyond Belief: Real Faith for Real Life” - Week 3

August 23, 2026

BOTTOM LINES

Week 1: Following Jesus is something we participate in—not simply something we believe.

Week 2: Living what we know is how we grow.

Matthew 26:36-39 ³⁶ Then Jesus went with them to the olive grove called Gethsemane, and he said, “Sit here while I go over there to pray.”

³⁷ He took Peter and Zebedee’s two sons, James and John, and he became anguished and distressed.

³⁸ He told them, “My soul is crushed with grief to the point of death. Stay here and keep watch with me.”

³⁹ He went on a little farther and bowed with his face to the ground, praying, “My Father! If it is possible, let this cup of



suffering be taken away from me. Yet I want your will to be done, not mine.” (NLT)

TODAY’S BOTTOM LINE - Faith follows even when feelings don’t.

MATTHEW 26:40-44 ⁴⁰ Then he returned to the disciples and found them asleep. He said to Peter, “Couldn’t you watch with me even one hour?

⁴¹ Keep watch and pray, so that you will not give in to temptation. For the spirit is willing, but the body is weak!”

⁴² Then Jesus left them a second time and prayed, “My Father! If this cup cannot be taken away unless I drink it, your will be done.”

⁴³ When he returned to them again, he found them sleeping, for they couldn’t keep their eyes open.

⁴⁴ So he went to pray a third time, saying the same things again. (NLT)



Psalm 42:5 Why am I discouraged? Why is my heart so sad? I will put my hope in God! I will praise him again—my Savior and my God! (NLT)

Galatians 5:16 Let the Holy Spirit guide your lives. (NLT)

Hebrews 12:1-3 Let us run with endurance the race God has set before us.

2 We do this by keeping our eyes on Jesus. Because of the joy awaiting him, he endured the cross.....

3 Think of all the hostility he endured...then you won't become weary and give up.

Faith follows even when feelings don't.